

**Join us for the Grand Re-Opening of our Meetinghouse on Sunday,
February 5 at 11:00 am.**

See Rev. Rob's video invitation below and plan to join us for a special worship service at 11:00 followed by a celebratory lunch in the Parlor and Chapel.

<https://youtu.be/rG8cT5gG45k>

**Sunday, February 5, 2023
11:00 am worship**

***Be Who You Are*
Rev. Rob Hardies**

We spend a lot of time trying to be the person that we or others think we *ought* to be. What if, instead, we accepted ourselves for who we are and followed our own life's calling?

After worship we'll celebrate with a catered lunch in the Parlor and Chapel.

11:00 am Worship Service
Join us in-person in the Meetinghouse or
online on Zoom Meeting ID 155 025 783

12:00 pm Online Chat Zoom Meeting ID 155 025 783

[Link to Order of Service](#)

VOLUNTEER OPPORTUNITIES

GREETERS - Do you have a warm, welcoming personality? Do you like to meet and greet new people? Are you able to volunteer in person approximately once a month? Joining the Welcome Team as a greeter may be just the opportunity for you. New Greeters will be paired with someone who is experienced and you'll learn the ropes very quickly.

If you are interested in joining us. or simply want more information before deciding, please contact [Grace Hall](#).

TUESDAY MEALS VOLUNTEERS

- **Making Soup** - individuals or groups are needed on Tuesday mornings or afternoons to make soup for our evening meals on Tuesday and Wednesday nights.
- **Cookie Bakers** - volunteers are asked to supply homemade cookies or brownies for our guests. We'll provide individual snack bags for your donations.
- **Food Pick Up** - volunteers are needed to help pick up fruit and milk on Tuesdays at Food for Free and the Charles Hotel.

Contact **Martha Velie-Gass** (617-803-5419) for more information.

Join Tod and Cynthia Hibbard on **Monday, February 6 at 5:00 pm** for a social gathering on Zoom. Our discussion topic will be "What would YOU like to see in our Meetinghouse?" **Meeting ID: 837 1976 8327**

Campus Community Opportunity

Looking for a campus community grounded in Unitarian Universalism? Come join Sanctuary Harvard College every 2nd and 4th Wednesday at 5:30pm (starting February 8th) in the Mikelson Room at First Parish Cambridge! Whether you're UU, interested in Unitarian Universalism, or just looking to take a moment to breathe, we'd love to have you. Visit bit.ly/harvarduu to get in touch and learn more!

February Shared Offering



The shared plate recipient for February is the **Gaza Mental Health Foundation**. Its primary beneficiary is the Gaza Community Mental Health Programme, headquartered in Gaza City Palestine. Several First Parish Cambridge members visited the center in 2002.

From their website: "Healing the Spirit, Instilling Hope. The Gaza Mental Health Foundation Inc. was formed in 2001 to support the critically important work of providing mental health services for the people in the Gaza Strip, especially the children who are the region's future."

You can learn more when the Middle East Education Group hosts a presentation on

Sunday February 5 at 2:00 pm in the Mikelson Room. The featured guest will be Dr. Yasser Abu-Jamei, Director-General of the Programme, who is on a nation-wide tour. There will also be Middle Eastern music with vocals, piano, and traditional instruments. The event is a fundraiser but is free of charge.

Please donate through the [First Parish Secure online portal](#); by text at 617-657-2306 or by putting a check or cash in the collection plate on Sunday.

**PHISHING ALERT!
SPAM WARNING!**

First Parish staff members will not ask for prepaid debit cards, gift cards, or other financial assistance via email.

If you receive an email from any church staff that seems to ask for financial assistance in a vague or general manner please **do not respond to it** and please contact [the office](#) to let us know. Spam and phishing messages can also be reported through your email server.

Calendar of Virtual Meetings*

Sunday, February 5

- 8:30 am Weekly Meditation - contact [Stacey Jackson-Flammia](#)
- 9:30 am Parenting Support Group - **Meeting ID 860 2402 898**
- 11:00 am Livestream Worship Service - **Meeting ID 155 025 783**
- 12:00 pm Sunday Discussion - **Meeting ID 155 025 783**
- 2:30 pm No Tough Guys - **Meeting ID 898 6171 8028**
- 4:30 pm Mistakes and Miracles Conversation

Monday, February 6

- 5:00 pm Social Gathering on Zoom - **Meeting ID 837 1976 8327**

Tuesday, February 7

- 2:30 pm Elders Group - **Meeting ID 862 6795 6189**

Thursday, February 9

- 6:30 pm Racial Equity Team

***Information For All Virtual Meetings**

We are listing Meeting ID's for all Zoom virtual meetings rather than an actual link. To log on follow these steps:

- Go to [Zoom.us](#) This will bring you to the Zoom homepage
- Click on **Join Meeting** tab

- You will then be prompted to **add a Meeting ID**. Enter the ID and click **JOIN**
- In most cases you will then be in a waiting room until the host of the meeting admits you to the meeting. This is for security purposes.