

**First Parish in Cambridge**

**November 26, 2017**

**Music, Meditation and Meaning - Adam Lawrence Dyer**

**Welcome to First Parish!**

First Parish in Cambridge is a multi-faith, spirit-filled congregation devoted to love and justice. We are moving joyfully into a multiracial, multicultural, justice-making future. We embrace all ages, races, classes, abilities, sexual orientations, gender presentations, and ethnic and religious backgrounds. Honoring all the faith traditions of the world, we support each person's path to wisdom and spiritual growth. Whoever you are, wherever you are on the journey of life, we welcome you into our hearts.

**If you're here for the first time**, we invite you to fill out a visitor card located in the pew and leave it in the collection plate. We'll sign you up for our weekly e-mail announcements and monthly newsletter. **All are welcome to join us in Helverson Parlor** following the service for refreshments.

**For those attending with children**, you are welcome to worship as a family or children ages 4 and under are welcome in our Nursery and children 4 and older are welcome in our Religious Education Program. An usher can direct you to RE staff. Registration is required.

**Participating in this morning's service**

Adam Lawrence Dyer, Lead Minister

Danielle Di Bona, Developmental Minister

William Williamson, Membership Coordinator

Jonathan Barnhart, Music Director

The First Parish Choir

**No Religious Education Classes on November 26**

Please note that there are no Religious Education classes today. Childcare for children four and under is available in our second floor Nursery during the service.

## Shared Offering

The Shared Offering recipient for November is **Food for Free**. Food for Free improves access to healthy food within our community by rescuing food that would otherwise go to waste, strengthening the community food system, and creating new distribution channels to reach under-served populations. The organization envisions a future where everyone in our community—regardless of age, income or ability—has consistent access to fresh, healthy, delicious food. Food for Free programs include Food Rescue and Distribution; Home Delivery; Family Meals; the Cambridge Weekend Backpack Program; Field of Greens; and the Transportation Partnership. Please give generously!

## Special Congregational Business Meeting

### Mark Your Calendar-- December 17

At a ceremonial event on Saturday, January 13 Adam Lawrence Dyer will be ordained by First Parish as a Unitarian Universalist minister and installed as our Lead Minister.

### Members will vote to authorize First Parish in Cambridge to ordain Adam at a brief business meeting on December 17.

All members should plan to attend this meeting, to be held in the meetinghouse directly after the service. Authorizing Adam's ordination is the only item to be taken up, so the meeting should be brief.

As this is a business meeting at which a vote will be taken, a quorum of voting members is required to be present. Please mark your calendar and attend this meeting.

## Upcoming Events

### Potluck Gatherings in Homes to Welcome Adam

All members, friends and newcomers are invited to join in welcoming our new Lead Minister Adam Lawrence Dyer by signing up for a potluck supper! The next Sunday supper is **December 10** and the suppers continue until **March 25**. Everyone interested in becoming better acquainted with Adam and others in our community are welcome! Guest sign-up sheets will be available at Sunday social hours and on our [website](https://goo.gl/forms/CTJr8dpXGhESNUnk1). (https://goo.gl/forms/CTJr8dpXGhESNUnk1)

## **The Environmental Justice Task Force**

On Sunday, **December 10**, the Environmental Justice Task is excited to present State Senator Mike Barrett to discuss important carbon pricing legislation that is presently in committee in the House and Senate. The event will be held at **Noon in the Chapel**. Carbon Pricing is one of the most effective ways of reducing greenhouse gas emissions (GHG) by putting a price on carbon. Those who use the most carbon pay the most, those that use the least will pay less or receive a rebate. This idea has been gaining ground over the few years.

UU Mass Action along with activists from several local churches are organizing their parishioners to urge their representatives and senators to sponsor this bill. The more signatories to a bill, the less likely it is to die in committee. The legislature must consider the bill in the spring of 2018 or it will not be brought up again until 2020, two years we cannot afford to lose.

The Environmental Justice Task Force members invite you to join us in this effort. If you are unable to come to the December 10 event, please speak with one of us during coffee hour on December 3 or contact either [mlynch4@icloud.com](mailto:mlynch4@icloud.com) or [gingerryan11@gmail.com](mailto:gingerryan11@gmail.com) . We can give you letter writing or phone call guidelines.

## **Getting Involved**

### **New Member Classes**

New member classes will be offered on **December 3 and December 10** from **12:30 pm until 2:00 pm**. If you are interested in joining First Parish please plan to attend. We are looking forward to getting to know you and letting you know about us. Lunch and childcare will be provided so please RSVP to [devminister@firstparishcambridge.org](mailto:devminister@firstparishcambridge.org). If you have questions email or call Rev. Danielle.

### **Women's Writing Group Seeks Newcomers**

We warmly welcome you to join the Women's Writing Group. Upcoming bi-weekly Monday night meetings are December 4 and December 18 in the Margaret Fuller Room from 6:30 pm to 8:00 pm. Please contact Heidi Meyer, facilitator, at [h.meyer@comcast.net](mailto:h.meyer@comcast.net) for more details.

## **Can't Keep From Singing?**

Perhaps you used to sing in a choral group. But now those “high” notes are harder to hit than they used to be. Nowadays, rather than soprano, you could be perfect for alto or even tenor. Or perhaps you simply need practice – which we can provide. Whatever your voice range, it's an excellent time for finding out more about the First Parish in Cambridge choir. Choir members or director Jonathan Barnhart would be interested to answer your questions. Contact: [jonathanbarnhart@comcast.net](mailto:jonathanbarnhart@comcast.net)

## **Support Our Sanctuary Guest and Her Two Children**

As many of you know, a woman and her two young children are in Sanctuary at University Lutheran. As a member of the Cambridge Interfaith Sanctuary Coalition, First Parish is providing volunteers in support of this effort. Volunteer opportunities are available seven days/week. Volunteering is easy and rewarding and we'll pair you with an experienced volunteer so you won't be on your own. Please email Rebecca Balder at [BBSF@firstparishcambridge.org](mailto:BBSF@firstparishcambridge.org) to learn more.

## **Volunteer this Holiday Season at Y2Y**

If you'll be in the Boston or Cambridge area during mid-December to mid-January, volunteers are needed to help out at Y2Y while their regular volunteers return home for winter break. The signup sheet is [here](#), and feel free to sign up or email [volunteer.y2y@gmail.com](mailto:volunteer.y2y@gmail.com) with any questions!

## **Pastoral Care**

Sometimes life can become stressful and hard. You may be facing a job loss, the end of a relationship, a serious illness, a family transition or a difficult conversation that you're worried about.

Pastoral Care is available for you. If you would like a pastoral care phone call or visit please let us know. Our ministers are available to support you. Please contact them directly by phone at 617-528-9838 or email at [pastoralcare@firstparishcambridge.org](mailto:pastoralcare@firstparishcambridge.org)

## **Flowers for Sunday Morning**

A reminder that fresh flower bouquets to decorate the Meetinghouse for Sunday worship may be ordered by contacting Office Assistant, Laura Smith, at 617-876-7772 or [officeassist@firstparishcambridge.org](mailto:officeassist@firstparishcambridge.org). Bouquets are \$50. Most upcoming Sundays are available.

## Covenant Groups – Get Connected

### Join!

Join a Covenant Group! We gather in covenant groups every month to examine a topic and discuss how it speaks to us as humans, and as spiritual beings. Groups covenant to attend each gathering and to stay the course until the group ends.

Folks who have participated in a Covenant Group have said that they have connected deeply with each other, have been transformed, and have grown spiritually.

Currently First Parish has 3 covenant groups that are open and open ended. If you would like to try one out please contact the Lead Facilitator.

4<sup>th</sup> Monday of the month: Valerie Fullum ([vfullum@msn.com](mailto:vfullum@msn.com))

3<sup>rd</sup> Wednesday of the month: Marcia Yousik([myousik48@gmail.com](mailto:myousik48@gmail.com))

3<sup>rd</sup> Thursday of the month: Susan Shepherd ( [sshep352@comcast.net](mailto:sshep352@comcast.net))

If this schedule does not work for you, contact Developmental Minister, Danielle Di Bona, [devminister@firstparishcambridge.org](mailto:devminister@firstparishcambridge.org). New groups will be formed based on interest. All are welcome. Please come and try one out.

### New Covenant Groups

There is enough interest in a GBLTQ-I covenant group so it will start soon. Watch for updates! If you would like to try this out, please contact, Rev. Danielle at 617-876-7772 or [devminister@firstparishcambridge.org](mailto:devminister@firstparishcambridge.org)

## Safe Congregation

At First Parish we covenant to welcome all people to the table, to nourish and serve each other and to respect and honor the inherent worth and dignity of every person. To achieve these goals it is essential that we maintain a safe environment that protects children and adults from harm while fostering their spiritual growth. We encourage anyone who has witnessed or experienced verbal, sexual or physical abuse at First Parish to contact the appropriate team (adults and children respectively):

[SafeCongregation@firstparishcambridge.org](mailto:SafeCongregation@firstparishcambridge.org) or

[safechildren@firstparishcambridge.org](mailto:safechildren@firstparishcambridge.org)

## Events This Week

*Please note that Yoga, Music and Art Classes are not First Parish programs. They are run by outside instructors and a fee is associated with the classes.*

<b>Sunday</b>	<b>November 26</b>
10:30 am	Sunday Worship
12:00 pm	Mandarin Class in the Fuller Room
2:00 pm	OWL in the Chapel
<b>Monday</b>	<b>November 27</b>
10:00 am	Covenant Group in the Nursery
10:30 am	Groovy Baby Music in the Chapel
6:30 pm	AA in the Parlor
6:30 pm	Art Class in the Chapel
7:30 pm	Harvard Extension Drama in the Barn Room
<b>Tuesday</b>	<b>November 28</b>
9:00 am	Yoga in the Barn Room
5:30 pm	Tuesdays Meals in the Parlor
7:00 pm	YAG in the Nursery
<b>Wednesday</b>	<b>November 29</b>
6:30 pm	Two Brattle in the Baldwin Room
8:00 pm	AA in the Parlor
<b>Thursday</b>	<b>November 30</b>
9:00 am	Yoga in the Barn Room
10:00 am	Mass Bay DRE in the Chapel
12:00 pm	Yoga in the Barn Room
6:00 pm	Yoga in the Barn Room
7:00 pm	CISC in the Chapel
<b>Friday</b>	<b>December 1</b>
9:30 am	Groovy Baby Music in the Chapel
6:00 pm	Tuesday Meals Holiday Party in the Barn Room
<b>Saturday</b>	<b>December 2</b>
8:00 am	Cambridge Minyan in the Parlor and the Chapel
8:30 am	GSA in the Chapel
10:00 am	Yoga in the Barn Room
6:00 pm	Women's Circle in the Barn Room