**First Parish in Cambridge - March 10, 2019**

**Music Sunday**

Welcome to First Parish!

First Parish in Cambridge is a multi-faith, spirit-ﬁlled congregation devoted to love and justice. We are moving joyfully into a multiracial, multicultural, justice-making future. We embrace all ages, races, classes, abilities, sexual orientations, gender presentations, and ethnic and religious backgrounds. Honoring all the faith traditions of the world, we support each person’s path to wisdom and spiritual growth. Whoever you are, wherever you are on the journey of life, we welcome you into our hearts.

**If you’re here for the ﬁrst time**, we invite you to ﬁll out a visitor card located in the pew and leave it in the collection plate. We’ll sign you up for our weekly e-mail announcements and monthly newsletter.

**All are welcome to join us in Helverson Parlor** following the service for refreshments.

**For those attending with children**, you are welcome to worship as a family or children ages 4 and under are welcome in our Nursery. An usher can direct you to RE staff. Registration is required.

 **Participating in the Service**

Jonathan Barnhart, Music Director

Mandy Neff, Director of Religious Education

Carol Lewis, Director of Administration

The First Parish Choir

Gordie Calkins, Board Vice-Chair

Valerie Fullum, Welcome Team Leader

Religious Education for Children and Youth

Please join us for religious education programs.  Nursery care for children under 4 opens on the second floor at 9:00 am.

The following programs begin promptly at **10:30**:

**OWL**4-5th Grade            Chapel, first floor

**Lodestone**                6th – 8th Grade          Fuller Room, Mezzanine

Our other classes begin after the Story for All Ages

**Spirit Play**                PreK-1st Grade        Baldwin Room, Mezzanine

**OWL**K-1st Grade             Barn Room, second floor

**Theme Group**          2nd – 6th Grade          Parlor, first floor

Today’s Events

In preparation for the event ***Between War and Here*** on April 6, Carolyn Surrick, the founder of Ensemble Galilei, will be our guest at First Parish to discuss the origins and goals of the program. Please join us at **12:15 in the Chapel** to learn more about this unique project and how it impacts audiences.

**Fire of Commitment Listening Table**

Members of the Fire of Commitment Team and the Governing Board invite you to join them in the Parlor following the service to review the ways First Parish is nourishing our community and our world. Share the fire of commitment that burns in your soul.

UPDATE FROM OUR SAFETY MINISTRY TEAM

The safety and security of our children, youth and adults is an important part of the work of our new Safety Ministry Team. The First Parish building presents many challenges to ensuring the highest level of safety for those attending Sunday programming.  Based on recommendations from the Cambridge Police Department and in consultation with Rev. Adam, we will be instituting a new procedure.  Beginning Sunday, March 17 the door at 3 Church Street will be shut and locked at 10:30 am. Those coming to worship will need to enter through the Massachusetts Avenue entrance. The accessible entrance at 1 Church Street will also still be available.

The safety team believes this change will offer a safer environment for all of us. It will keep our children safer by only allowing limited access to the building after worship services have started.  Access through the 3 Church Street door will only be available by ringing the buzzer. We will be looking for volunteers to sit at our reception desk to buzz in people both the 1 and 3 Church Street doors. If you’d like to volunteer please contact Carol Lewis (Clewis@firstparishcambridge.org).

Safety Team members, Valerie Fullum, Jan Puibello, Kate Ryan, Jamie Wilson and Carol Lewis, will be happy to answer questions or receive your input about this change.

**Speciall Collection on Sunday, March 10 for TRUUsT**

Today’s undesignated portion of our offering will be donated to TRUUsT (Transgender Religious professional Unitarian Universalists Together). TRUUsT calls us to take action to directly support trans UUs by making a donation to fund trans UUs' healing and survival. Half of all trans Unitarian Universalists do not have enough income to meet their personal needs, and in the wake of recent events trans UUs have myriad needs—from needing to escape unsafe living situations to needing additional care and support for PTSD and other intensified traumas.

Upcoming Events - Save These Dates!

**New Family Breakfast**

New to First Parish? Enjoy a family-style breakfast and get to know the members of our RE Council on Sunday, March 17 at 9:30 am in the Parlor. Please RSVP with any dietary restrictions and how many members of your family will attend, to juliagallogly@gmail.com.

**Beyond Borders/Sin Fronteras and Environnmental Justice Task Force** are joining to present Tina Shull, a post-doc at Harvard University, on **Sunday, March 24**, after the service.  The title of Tina’s talk is "Who are Climate Refugees? Climate Change, Migration, and Borders."  Tina will talk about the connections between climate change, migration, and increasing border enforcement around the world, with a focus on the US and migration from Latin America.  She has studied and written extensively about this timely topic.  A light lunch will be provided.  Please join us on the 24th.

**Women’s Sacred Circle Pagan Ritual**

Are you looking to celebrate the coming spring? Join us for a pagan ritual on **March 24th at 2:00 pm** in the Barn Room. The ritual will be led by Brenda Leahy and Eileen Sullivan. It will include calling the directions, chants, movement and meditation. A coloring option will be available for children and those who prefer an active meditation. This is an opportunity to let winter go and set the seed of an intention to carry into the spring.  All ages are welcome. The ritual will last about an hour followed by snacks and time to socialize.

On **Saturday evening, April 6,** the Social Justice Council, Music Team and Cambridge Forum will co-host ***Between War and Here****,* a powerful combination of music and memoir resulting from a collaboration between the renowned musical group, Ensemble Galilei, and celebrated NPR war correspondents Neal Conan and

Ann Garrels. Ensemble Galilei performs medieval Scottish and Celtic music, and for several years, some of their musicians have played for injured veterans and their families at Walter Reed Medical Center. Together with the NPR journalists, they will explore the impact of war through music, poetry and personal reflection.

If you have questions about the event, please contact: Rosalie Anders   (Rosalie.h.anders@gmail.com); Irene Merwin (irrom1@gmail.com); MaraVorhees (mvorhees@msn.com); or

Jane Sturtevant (sturjn@aol.com)

Build Community and Support First Parish

If you are looking to support First Parish, get to know people and have a good meal sign up for an auction event. There are spots remaining at the Pizza and Games Night on March 9th, the Italian Baked Pasta Dinner on March 16th and the Saturday Brunch on April 13th. All meals are at First Parish in the parlor. Cost is $15 per person or $35 for a family. There are also spots remaining in the Aging Gracefully Workshop on April 3 and the Chocolate Candy Making for Kids Workshop on April 14th as well as two historical walks in the spring.

If you would like to participate or would like more information, email the auction team at Auction@Firstparishcambridge.com.

Check out all the available items at: <http://www.firstparishcambridge.org/connection/community-auction/>

Our Generosity — Empowering First Parish
Your financial support is important to empowering the mission of First Parish. During March, the Fire of Commitment Team is seeking financial commitments from all members of First Parish. Please be sure to fill out a pledge card (found in the pews) or go online ([firstparishcambridge.org/connection/donate](http://www.firstparishcambridge.org/connection/donate)) to indicate your financial commitment by March 31.

**Spring Potluck Suppers Open for Guests Signups!**

Our fall potluck suppers at members’ homes have been an easy and fun way to get acquainted with others in our community. This spring we are offering potluck suppers for interested members and newcomers on April 28th, May 5th or May 19th

Sign up here: <https://goo.gl/forms/85mQzhkGP9qeiImi2>. For each event guests will be selected at random, so everyone will have a chance to meet new people. Please sign up now so that you can participate in fabulous food, fun and making new friends!

Our theme this year is "Connection." The Potluck Team -- Valerie Fullum, Linda West and Sylvia Wheeler – hope that the opportunity to meet new people at each potluck will encourage everyone to take advantage of this enjoyable way to expand your connections and make new friends at First Parish.

Groups

**Our Elders Group** is open and meets on the 1st Tuesday of every month at 2:30 pm in the Chapel. If you are interested, please contact Rev. Danielle at ddibona@firstparishcambridge.org.

The **Young Adult Group (YAG)** is a community for people ages 18-35. YAG meets on the 2nd and 4th Tuesdays at 7pm upstairs in the Nursery and sometimes meets for food and social events on other occasions. Newcomers are always welcome. For more information visit our website [cambridgeyag.org](http://cambridgeyag.org/).

**Spanish Conversation Group**
¿Hablasespañol?  First Parish's **Spanish Conversation** Group meets on first and third Tuesdays of every month at 6:00 p.m. in the Baldwin Room.  Come join us for informal conversation in a relaxed, friendly atmosphere.  All levels are welcome and no commitment is required! For more information, email spanish@firstparishcambridge.org.  ¡Nos vemos pronto!

Pastoral Care

Pastoral Care is available for you. If you would like a pastoral care phone call or visit please let us know. Our ministers are available to support you. Please contact them directly by phone at 617-528-9838 or email at pastoralcare@firstparishcambridge.org

Get involved!

**Join the "1-2-3 Tuesday Community Meal Challenge"!**

Our Tuesday Meals Program is challenging the First Parish community to commit to our 1-2-3 Tuesday Meal Challenge.

All it takes is:

Commit to **1** Tuesday Meal

For **2** hours (5:15 pm – 7:15 pm )

Bring **3** family members, friends, colleagues or neighbors!

Simply choose a Tuesday anytime this year. You'll have plenty of great company and it’s a wonderful way to experience Beloved Community in action! To register contact Mike Mennonno at mmennonno@firstparishcambridge.org  Join us!

It's as easy as 1-2-3!

**Accompaniment Volunteering**

First Parish is a member of the CISC, a coalition of 10 Cambridge-area congregations that is currently hosting a woman and her two children in sanctuary so she can avoid deportation and separation from her family. “Accompaniment” volunteers are needed seven days a week on-site at a church in Harvard Square. Sometimes volunteer shifts are quiet, and sometimes there is a lot of interaction with the children. We can pair you with an experienced volunteer so you won’t be on your own. Volunteering helps in her long process of fighting to stay in the U.S.

**Child Care Volunteering**

The CISC childcare team is looking for several new volunteers who can commit to regular monthly outings to ensure that the children (ages 2 and almost 4) are able to spend time outside each day. A simple hour or two of outdoor play means so much in the life of this family we've committed as a coalition to support. Because coverage and consistency are ongoing concerns, we are looking for people who can commit to at least 2 weekday morning or afternoon outings a month.

*Please email Rebecca Balder, First Parish’s volunteer coordinator, at BBSF@firstparishcambridge.org to learn more about either of these opportunities.*

Events This Week

***Please note that Yoga, Music and Art Classes are not First Parish programs. They are run by outside instructors and a fee is associated with the classes.***

**Sunday March 10**

 10:30 am Sunday Worship

 12:00 pm RE Program – Y2Y Space

 12:15 pm *Between War and Here* Speaker in the Chapel

 12:30 pm Mandarin Class in the Fuller Room

 12:30 pm Youth Group in the Nursery

 6:00 pm Cooking Class in the Kitchen

**Monday March 11**

 5:00 pm Harvard Extension School in the Barn Room

 6:30 pm AA in the Parlor

 6:30 pm Art Class in the Chapel

 6:30 pm Women Writing Together in the Baldwin Room

**Tuesday March 12**

 9:00 am Yoga in the Barn Room

 5:30 pm Tuesday Meals in the Parlor

 5:30 pm Harvard Extension School in the Barn Room

 7:00 pm Finance Committee in the Chapel

 7:00 pm YAG in the Nursery

**Wednesday March 13**

 6:30 pm Two Brattle in the Baldwin Room

 7:00 pm EJTF in the Nursery

 7:00 pm Gurdjieff Society in the Chapel

 7:00 pm Interplay in the Barn Room

 8:00 pm AA in the Parlor

**Thursday March 14**

 9:00 am Yoga in the Barn Room

12:00 pm Yoga in the Barn Room

 3:30 pm Groovy Baby Music in the Chapel

 5:30 pm Sanctuary Small Group in the Chapel

 6:00 pm Yoga in the Barn Room

 **Friday March 15**

 9:00 am Groovy Baby Music in the Chapel

 5:00 pm Auction Dumpling Event in the Parlor & the Kitchen

**Saturday March 16**

 8:00 am Cambridge Minyan in the Parlor and the Chapel

 8:30 am GSA in the Chapel

 10:00 am Yoga in the Barn Room

 6:00 pm Baked Pasta Dinner in the Parlor