

First Parish in Cambridge November 25, 2018

Potlatch - Rev. Danielle Di Bona

Welcome to First Parish!

First Parish in Cambridge is a multi-faith, spirit-filled congregation devoted to love and justice. We are moving joyfully into a multiracial, multicultural, justice-making future. We embrace all ages, races, classes, abilities, sexual orientations, gender presentations, and ethnic and religious backgrounds. Honoring all the faith traditions of the world, we support each person's path to wisdom and spiritual growth. Whoever you are, wherever you are on the journey of life, we welcome you into our hearts.

If you're here for the first time, we invite you to fill out a visitor card located in the pew and leave it in the collection plate. We'll sign you up for our weekly e-mail announcements and monthly newsletter. **All are welcome to join us in Helverson Parlor** following the service for refreshments.

For those attending with children, you are welcome to worship as a family or children ages 4 and under are welcome in our Nursery. An usher can direct you to RE staff. Registration is required.

Participating in the Service

Rev. Danielle Di Bona, Developmental Minister

Carol Lewis, Director of Administration

Jonathan Barnhart, Music Director

The First Parish Choir

Peter Lowber, Welcome Team Leader

Religious Education for Children and Youth

Families are welcome to worship together today. Nursery care for children under 4 is available in the Nursery on the 2nd Floor. There are no regular graded RE classes this week.

Parenting Group meets at 12:15 in the Chapel. This group is a discussion forum for friends and members who are raising children. We meet one Sunday per month to talk, laugh, think, commiserate, celebrate and be together in fellowship on this journey of parenting. Child care is available in the Baldwin Rm.

Shared Offering for November

Our Shared Offering Recipient for November is **Food For Free**. Founded in 1981, Food For Free improves access to healthy food within our community by rescuing food that would otherwise go to waste, strengthening the community food system, and creating new distribution channels to reach under-served populations. Through a combination of food rescue, farming, and transportation services, FFF gives food programs like Tuesday Meals year-round access to fresh fruits and vegetables, while their direct service programs bring food to students, seniors, and others most at risk of hunger. Their programs address not only short-term hunger, but also the long-term health effects of food insecurity and poor nutrition.

Clara Barton Drive to Benefit Tuesday Meals

Clara Barton was a Universalist who saw the medical needs of the Civil War and took it upon herself not only to provide nursing care, but to organize others to help her do so. She later founded the Red Cross.

We honor her memory by joining together in this drive to provide basic winter health supplies to Tuesday Meals guests. The change of the seasons can bring health challenges to all of us, but most especially those who cannot afford to spend money on basic preventive care. **Our collection continues today and ends on Sunday, 12/9.**

Please bring requested items from this list, and leave your donations in the basket at the front of the sanctuary.

- Band-aids (large enough to cover blisters)
- EmergenC, Airborne or chewable multivitamins
- Travel size lotion * Tissues
- Lip balm/chapstick * Cough Drops
- Wet Wipes * New White Socks (**men's large**)

Children in Religious Education will be assembling the kits and asking for your blessing on the kits before distributing them at the meal on December 11. Join us then to volunteer!

Winter Warmth Drive

We're joining Cambridge mayor, Marc McGovern to organize the 5th Annual Winter Warmth Drive. We're looking to raise \$20,000 by December 14 to supply warm blankets to the homeless in our community. Click the link below to make a secure online donation!
https://www.eservicepayments.com/cgi-bin/Vanco_ver3.vps...

Family Feedback Luncheon – December 2 at Noon

Rev. Adam Lawrence Dyer, DRE Mandy Neff and the RE Council want to hear from you about our program and worship! Parents and caregivers, please join us Dec. 2 to talk about this fall's Theme-based RE and how it has gone for your family. We will meet in the Barn Room at noon for a light lunch and discussion. Childcare is provided in the Baldwin Room until 2:00 pm.

This fall, our goals were to help children enjoy their RE experience by providing them with a weekly choice between at least two activities; to explore the spiritual theme of "Travelers" through many different media, from board games to walking labyrinths; and to provide hands-on service opportunities supporting our Tuesday Meals guests. We also worked to build more opportunities for children to sing and usher, and to add more movement possibilities, during worship.

Join us to reflect on families' experiences this fall in RE and worship, and answer some of these questions:

- How would you rate the success of the program this fall? Were there specific activities you or your children particularly liked or didn't like?
- With the emphasis on Themes and related activities, is there enough attention to reflection or faith formation for you? On content such as our UU Principles and Sources, or Bible and other religious traditions' stories?
- What factors affect your family's attendance at First Parish?
- Which do you prefer – a worship where children are presenting part of worship, or one where they are participating in the typical worship?
- Do you want more child participation as ushers or chalice lighters? Would you like to see more children's music and choir?

We look forward to seeing you there!

Carry It On

November 28, 6-8 pm, 89 South St., Boston

**Annual Celebration of Action for Racial & Economic Justice
Sponsored by the Massachusetts Communities Action Network**

Join us for Carry it On, a one-of-a-kind gathering of community leaders, politicians, business leaders, and organizers from across the state. Reconnect with old friends and meet emerging leaders to support progressive action for racial and economic justice. We hope you can join us! **Tickets and more details are [here](#).**

Cambridge Forum

Healing From Hate

How young men get into and out of violent extremism

Wednesday, November 28, 7:00 pm, in the Meetinghouse.

Michael Kimmel, Distinguished Professor of Sociology and Gender Studies at Stonybrook University is a world-renowned expert on gender, nationalism and extremism having worked with skinheads, neo-Nazis and KKK members. He is going to address the root causes of this addiction and how and if it is possible to bring these marginalized males back from society's extremist edge.

Help Protect Immigrant Families!

No family should have to choose between food, health or housing, and their future in this country. But that is exactly what will happen if a new federal rule goes into effect. Join us in standing against this proposed rule.

The Department of Homeland Security's (DHS) proposed "public charge" rule would change how the DHS treats certain low-income immigrants and could push immigrant families off certain public benefits they are legally qualified to use. This rule has NOT gone into effect and there is still time to oppose it.

WHAT: "Public Charge 101" Training & Comment Writing

WHEN: Thursday, November 29th 6:00—7:30 PM

WHERE: First Parish in Cambridge, 3 Church Street

QUESTIONS? Email Massachusetts Immigrant and Refugee Advocacy Coalition (MIRA) at pif@miracoalition.org

Presented by Massachusetts Law Reform Institute, Massachusetts Immigrant and Refugee Advocacy Coalition (MIRA), Health Care For All, and Health Law Advocates, in collaboration with Beyond Borders – Sin Fronteras.

The Do-Somethings Are Back!

The Membership Team is working on monthly activities to bring fellow congregants together outside of the church for fun things to do. This month we'll start with a simple gathering **on Friday night, 11/30**, at 64 Wendell Street in Cambridge, the residential cooperative known as "The Cambicoop." Come at 7 pm and bring anything to drink or eat: it's a pot-luck but not a dinner. We'll play games, perhaps some music, until about 10pm.

Email greylee@gmail.com if you'd like to RSVP. Stay tuned for another activity in December!

The Cookie Swap is Coming - Sunday, December 16

On Sunday, December 16, enjoy a First Parish tradition. Bring two dozen or more of your favorite cookies (home-made or store-bought) to the kitchen before the service. One dozen will be shared with all in the social hour. The others will be available for swapping with other cookie-bringers after service.

Whether you love to bake cookies or just to eat them, this will be a fun event for all. So grab your mixer and let the fun begin!

If you have any questions please contact Micah & Aedan
micah.altman@gmail.com

Accompaniment Volunteering

First Parish is a member of the CISC, a coalition of 10 Cambridge-area congregations that is currently hosting a woman and her two children in sanctuary so she can avoid deportation and separation from her family. "Accompaniment" volunteers are needed seven days a week on-site at a church in Harvard Square. Sometimes volunteer shifts are quiet, and sometimes there is a lot of interaction with the children. We can pair you with an experienced volunteer so you won't be on your own. Volunteering helps in her long process of fighting to stay in the U.S.

Child Care Volunteering

The CISC childcare team is looking for several new volunteers who can commit to regular monthly outings to ensure that the children (ages 2 and almost 4) are able to spend time outside each day. A simple hour or two of outdoor play means so much in the life of this family we've committed as a coalition to support. Because coverage and consistency are ongoing concerns, we are looking for people who can commit to at least 2 weekday morning or afternoon outings a month.

Please email Rebecca Balder, First Parish's volunteer coordinator, at BBSF@firstparishcambridge.org to learn more about either of these opportunities.

First Parish Auction

Thank you to the Auction Team for another amazing Community Auction! Results are still being tallied but the generosity of donors and participants alike made this year another success! Results will be posted in the parlor by December 2. Thank You ALL!

Groups

Our GBLTQ-I covenant group is open. This vibrant group meets on the first Wednesday of every month. If you are interested in this group, please contact Rev. Danielle at ddibona@firstparishcambridge.org

Our Elders Group is open and meets on the 1st Tuesday of every month at 2:30 pm in the Chapel. If you are interested, please contact Rev. Danielle at ddibona@firstparishcambridge.org.

Spanish Conversation Group

¿Habras español? First Parish's **Spanish Conversation** Group meets on first and third Tuesdays of every month at 6:00 p.m. in the Baldwin Room. Come join us for informal conversation in a relaxed, friendly atmosphere. All levels are welcome and no commitment is required! For more information, email spanish@firstparishcambridge.org. ¡Nos vemos pronto!

The Young Adult Group (YAG) is a community for people ages 18-35. YAG meets on the 2nd and 4th Tuesdays at 7pm upstairs in the Nursery and sometimes meets for food and social events on other occasions. Newcomers are always welcome. For more information visit our website cambridgeyag.org.

Safety Reminder

Please remember that First Parish is a public building used by many different people and groups. To ensure protection of your belongings, please don't leave belongings unattended.

Pastoral Care

Sometimes life can become stressful and hard. You may be facing a job loss, the end of a relationship, a serious illness, a family transition or a difficult conversation that you're worried about.

Pastoral Care is available for you. If you would like a pastoral care phone call or visit please let us know. Our ministers are available to support you. Please contact them directly by phone at 617-528-9838 or email at pastoralcare@firstparishcambridge.org

Events This Week

Please note that Yoga, Music and Art Classes are not First Parish programs. They are run by outside instructors and a fee is associated with the classes.

Sunday November 25

- 10:30 am Sunday Worship
- 12:15 pm Parenting Group in the Chapel
- 12:30 pm Mandarin Class in the Fuller Room

Monday November 26

- 8:30 am Groovy Baby Music in the Chapel
- 10:00 am Covenant Group in the Nursery
- 5:30 pm Harvard Extension Drama in the Barn Room
- 6:30 pm AA in the Parlor
- 6:30 pm Art Class in the Chapel

Tuesday November 27

- 9:00 am Yoga in the Barn Room
- 10:00 am Groovy Baby Music in the Chapel
- 5:30 pm Tuesday Meals in the Parlor
- 6:00 pm Harvard Extension Drama in the Barn Room
- 7:00 pm YAG in the Nursery

Wednesday November 28

- 9:00 am Yoga in the Barn Room
- 6:30 pm Sanctuary Board in the Nursery
- 6:30 pm Two Brattle in the Baldwin Room
- 7:00 pm Cambridge Forum in the Meetinghouse
- 7:00 pm BBSF in the Chapel
- 7:30 pm Interplay in the Barn Room
- 8:00 pm AA in the Parlor

Thursday November 29

- 9:00 am Yoga in the Barn Room
- 12:00 pm Yoga in the Barn Room
- 5:30 pm BBSF in the Chapel
- 6:00 pm Yoga in the Barn Room
- 7:00 pm Beloved Conversations in the Baldwin Room

Friday November 30

- 9:00 am Groovy Baby Music in the Chapel

Saturday December 1

- 8:00 am Cambridge Minyan in the Parlor and the Chapel
- 8:30 am GSA in the Chapel
- 10:00 am Yoga in the Barn Room
- 1:00 pm Memorial Service & Reception in the Meetinghouse & Parlor
- 3:00 pm Beloved Conversations in the Baldwin Room
- 6:00 pm Women's Circle in the Barn Room