

## Foundations of Community Social Hour

Social hour is an important time to welcome newcomers and visitors after the Sunday morning service. Volunteers are needed every Sunday to organize food preparation, bring in food and help with clean up.

Every Sunday we need:

### **Social Hour Host (1)**

- Arrive between 10:00 am – 10:15 am to organize social hour food in the kitchen and make sure everything is cut up and prepared to serve.
- Leave the service during the last hymn and set up food for social hour.
- Mingle and greet people during social hour.
- Keep things running smoothly during social hour by checking/refilling milk creamers, cleaning up small spills, etc.

### **Food Volunteers (3-5)**

- Bring food into the kitchen by 10:15 am.  
Preferably finger food that does not require utensils.  
Ex: A bag of carrots with hummus  
a dozen bagels & cream cheese  
a batch of cookies, or two bags of pretzels.

### **Clean-Up Volunteers (1-2)**

- At the close of social hour (around 12:30 pm) clean up any leftover food. (There usually isn't much!)
- Wash dishes, including coffee cups
- Put dishes away
- Wipe down kitchen counters

\*\*Please note: If no cleanup volunteers have signed up, paper coffee cups will be used.

Groups, committees and Social Justice Task Forces are welcome to coordinate a social hour to nourish our community and/or to educate the congregation on an issue.

**If you are interested in helping out with Social Hour on Sunday morning, please check our [Volunteer Schedule](#) or email office @fpcambridge.org.**